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Cucumis trigonus: A Remedy for Liver Problems

Pharmacological Basis for Hepatoprotective Activity

LAP Lambert Academic Publishing (2021-09-16)

€ 54,90

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Cucumis trigonus (Family: Cucurbitaceae) is commonly known as "Thummittikai" in Tamil, "Bitter gourd" in English, and "Vishala" in Sanskrit. The fruit pulp of Cucumis trigonus is bitter, acrid, thermogenic, anthelmintic, liver tonic, cardi tonic, appetizer, expectorant, and intellect promoting. The roots of the plants are used as purgative and the seeds are cooling and astringent.

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various activities such as antidiabetic activity, and cardiac activity. The book presents the hepatoprotective activity of Cucumis trigonus in experimental animals. The treated rats during experimentation showed a promising result on the biomarkers.

Book Details:

ISBN-13:

978-620-4-20520-5

ISBN-10:

620420520X

EAN:

9786204205205

Book language:

English

By (author) :

Phool Chandra

Vineet Kumar

Neetu Sachan

Number of pages:

116

Published on:

2021-09-16

Category:

Pharmacy

The Publisher

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