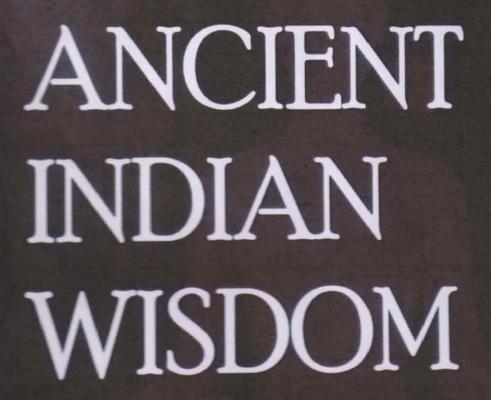
Amit Kishore Sinha
Bhavana Singh
Veeresh Tripathi
Saurabh Kumar Srivastava
Sofia Khan
Editors



FOR SUSTAINABLE WELLBEING





IFTM University Moradabad.

CONTENTS

1.	Ancient Wisdom in India for Ecological Conservation Surendra Kapoor	7
2.	Ancient Indian Corporate Entities: Structure and Functioning Sunita Singh Sengupta	19
3.	Draupadi and Sita: The Shades of Naari Arkja Singh, Nisha Agarwal, Swati Rai	34
4.	Nua Khai: The Pinion Festival of Paschima Odisha Suraj Prakash Singh, Avinash Chandra Supkar, Ashwani Kumar Gupta	39
5.	Significance of Kumhar Community and Their Traditional Practices Amit Kumar, Rabindranath Sarma	45
6.	Pancha-Maha-Yajnas: Age-Old Wisdom of Living in Universal Harmony Anamika Patel	49
7.	The Importance of Science behind Celebrating Indian Festivals Bharat Raj Singh, Manoj Mehrotra	54
8.	Multi-Dimensional ValueAssessment of Architectural Heritage by Analytical Hierarchy Process and Additive Ratio Assessment: A Case of Temple Architecture in Odisha Partha Sarathi Mishra, Soumi Muhuri	60
9.	Synchronize Your Work Life with Control on Plexus or Chakras Mahendra Srivastava, Rajat Krishna Lal	72
10.	Spiritual Values in Ancient Indian Philosophy: Answering the Myths for Modern World Sandeep Singh, Amit Kishore Sinha, Anindo Bhattacharjee	79
11.	Vogia Practices in the COVID-19 Pandemic	88
12	Gauray Shah, Ashutosh Shukla	98
13	Management Lessons from Mahabharata: Ancient Indian Wisdom for Sustainable Well Being in Literature Swati Rai, Nisha Agarwal, Arkja Singh	106
14	Shrayana for Sustainable Wellbeing - Insights from Spiri-	112
15	Political Philosophy	121

Saniew Document Registrar
IFTM University
Moradabad.