



WOMEN EMPOWERMENT

EDITED BOOK



DR.K.SAILEELA

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2022

Editor in Chief

Dr.K.SAILEELA

Coordinator

Women Self Défense Training Centre

&

Assistant Professor

Department of Education

Annamalai University

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ISBN: 978-93-92042-17-1

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ISBN : 978-93-92042-17-1



**PUBLISHED BY IQAC
ANNAMALAI UNIVERSITY
TAMILNADU, INDIA**

Preface

Dr.K.SAILEELA
Coordinator
Women Self Défense Training Centre
&
Assistant Professor
Department of Education
Annamalai University



In recent years, it has been clear that the key concern in determining the position of women is their empowerment. The Indian constitution forbids sex-based discrimination and gives the government the authority to take particular actions to protect those who are the subject of it. In India, many statutes that protect women's rights are in addition to the Constitution's provisions guaranteeing them equality, dignity, and freedom from discrimination. Women's empowerment is the process of giving women the freedom to make their own decisions by removing all social and familial restrictions. Women's empowerment itself explains that women should have equal access to social rights, political rights, economic stability, judicial strength, and all other rights. Men and women shouldn't be treated differently from one another. In order to establish the strongest economy, enhance their quality of life, and bring about gender equality, it is to empower women by encouraging their participation in all areas and sectors. This entails encouraging and assisting them in making decisions about their capacity to recognise their flaws, conquer them, and inspire them to make a stand for themselves in society. Making women independent in every way—from their minds to their thoughts to their rights to their decisions—and removing all social and familial constraints is what it means to empower them. This will lead to equality in society for men and women in all spheres. It is necessary to have a deeper and more thorough awareness of the issues unique to women in order to find a solution. Given that inequality is at the core of these issues, initiatives should be done to advance gender equality and women's full inclusion in the nation's overall development efforts. For the family, society, and nation to have a bright future, women must be empowered. In order for women to make the best decisions for themselves, their families, society, and the nation as a whole, they need a new environment that is more capable. Women's empowerment is a crucial tool to achieve the objective of development in order to make the nation fully developed. This edited book is a collection of various articles from different authors about Women's Empowerment.

Contribution of Women to Society

Dr. Luxmi Mishra, Assistant Professor, IFTM University, Moradabad

Abstract

Women have a major role in Indian society. Women are respected and respected since ancient times. Women have a prominent place in the society. Women do each and every task with full skill. Women are ahead of men in every field. The life of women is much more difficult than that of men. There are many responsibilities on women, which they fulfill with complete honesty. Women have to take care of their home - family, children, relatives, and they spend their whole life in maintaining relationships. Some women also work. In order to run their house properly, some women also do jobs to share in the household expenses, so that there is no problem in running the family. To meet all the needs and wishes of your children. Even after doing the job, she fulfills all her responsibilities fully. Yet women are compared to men, and are said to be superior. Women's education is very necessary to develop India and take it to the heights. When the women of our country are educated, then only the future of our country will be educated. The contribution of women in the society will increase only when women are educated. It is very important for women to be educated. If women are educated then the contribution of women in the society will come to the fore. The government has also run many types of schemes for women. Through these schemes, women are being liberated from social chains. Women are also being motivated by the government to move forward through new schemes.

Key Words :

Women Empowerment, Education, Society, Economic and Social Development.

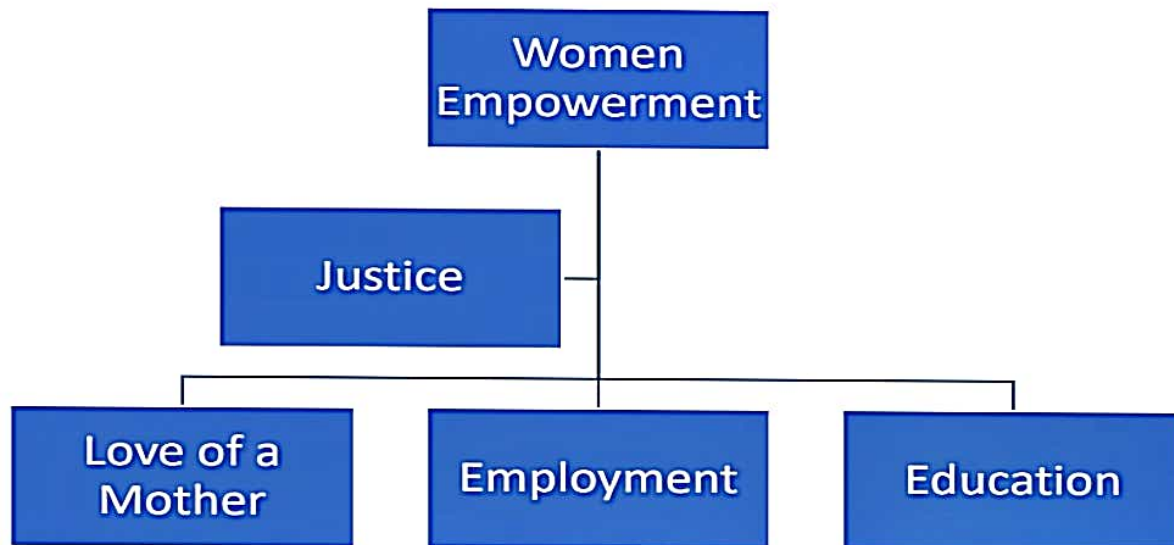
Introduction :

All women play their important role in the society, in the family. She plays all her roles (sister, daughter, mother, wife, grandmother etc.) with great effort throughout her life. Yet women are always placed behind men. No matter how hardworking they may be, their ability is rarely judged by the ability of men.

In modern times, even without education, the place of women is behind men. The reason for this is that even if the society is educated, there is conservatism in them. For this reason, in a male dominated society, men are proved right by telling the right thing about women wrong. Without women empowerment and without education, both development and progress of society, country, and family is not possible. Since ancient times, women have contributed a lot to the country and society. Indian women have displayed their ideal and valor all over the world by sacrificing their lives for the country. History is witness that the British officers have also accepted the iron of Indian women. Women have protected their culture, religion, their civilization and society. These contributions of women can never be forgotten.

Role of women in developing society:

Indian women play an important role in the development and progress of the society. One cannot even imagine a developed and prosperous society and country without women. There is a famous saying by Brigham Young that 'If you are educating one man, you are educating only one man, but if you are educating a woman, you are educating the whole generation to come'.



Society will develop only when there should be no shortage in the education of girls, because women will provide a new direction to the society along with boys in the coming time. If any man is educated then he will be able to develop only himself, if a woman gets the right education then she has the power to change the whole society along with her. History is witness that Indian women have walked shoulder to shoulder with men and have also fought with them to free their society and country from the British. Rani Laxmi Bai of Jhansi who faced the British in the revolt of 1857. At the age of 29, he fought with the British Army. He did not bow down in front of the British, but got Veergati while fighting with valor.



Khub Ladi Mardani –Jhansi wali Rani

Role of women in developing India:

Indian women have achieved many achievements on the basis of their hard work and determination. There are many such women in our country of India who have illuminated the name of themselves and the country by their works. Women have demonstrated their talent in every field. For example - **Kiran Bedi** became the first woman IPS officer of India. He handled

his position well with his work efficiency. The iron of Indian female boxer **Mary Kom's** box has been recognized by India as well as the whole world. She has won the title of world champion five times in boxing. The second Indian woman to go to space is **Sunita William**, who was sent to space by the US space agency NASA. She has made a record of staying in space as a woman astronaut for 195 days and has raised the name of her country India.

Place of women in Indian society:

In our country of India, sages and sages have composed many Vedas, Puranas and texts. It is written in the ancient text Manuismriti that 'Yatra Naryasta Pujyante, Ramante Tatra Devta'. That is, where women are worshipped, the gods reside there. Women should not be insulted. Men and women are two sides of a coin. One does not exist without the other. It is very important to have both for the running of the family.

Talking about a woman, she is an idol of love. It is the woman who gives birth to a new life by risking her life. God has also given this right to a woman. Women have been respected since ancient times. In the Vedic period, women used to perform yoga, worship and rituals. Gradually change took place and man lowered the position of woman in front of his ego. Now again there has been a change in the society and women are being respected and respected in the society. In modern times, women are walking together with men step by step. Along with taking care of the house, the woman is also handling her work area well. Women have proved that in terms of strength and ability, they are not less than men in any field and work. Even after women empowerment, today the government has to run a scheme like 'Beti Bachao Beti Padhao' because even today women are being crushed in the society in many places of our country. Today the Indian woman has forgotten her culture and got dyed in the color of western culture. Due to western civilization, she is getting away from her family duties. Therefore one should adopt his culture and develop his country as much as possible. Women empowerment is an important topic in the present time.

Empowerment refers to the purpose of women in which she can live in independent India and have the ability to take her own decisions independently. Whether for economic or social matters, he can make his own decisions. To empower women, first of all there is an urgent need to change the trivial thinking of the society. The people of the society harass women for dowry, they are deprived of the right to education because they have to go to the in-laws' house and work in the kitchen, then why should it be spent on their education, there is a daughter in the womb as soon as they come to know about it. Inciting him to feticide, social and economic inequality and domestic violence etc. are treated. In fact, women will be empowered on the day when there will be a change in this frivolous thinking of the society. It is the woman who runs the lineage, who is proud of both the families. He too has the right to fulfill his dreams. He also has the right to be educated. Contribution to family and society is important in empowering women.

Role of Indian women in economic and social development:

Women have played an important role in growing the Indian economy. In the field of agriculture, it has played an important role in increasing the economy by doing small scale industry work and by increasing the milk industry and saving rate etc. So far, the growth rate of India has been high and the reason for this is the rate of savings and capital formation.

The women of the rural area play a dual role in labor, they play one role in providing food and other tasks for their family and the other role is played by supporting them in the work of

agriculture. The women of the city have a different contribution in the field of labor. Along with doing household chores, they also do jobs and social work. The role of women is increasing in the form of information technology, such as the field of airlines is very developed in which women are recognized for their good personality, communication skills and computers.

Preference is given due to good qualification. In the field of banks, the systems of credit cards, debit cards and ATMs, and e-banking etc. have developed very rapidly, due to which the economy and society of the country have been developed.

Women are making all these tasks possible through the use of computers. In the field of education also there has been an increase of more employment for women through ICT. By doing small scale industries, women have handled both the economy and society in difficult times like Covid.

Rights given for women empowerment:

- **Right against female feticide:** It is the duty of the Indian citizens to provide the right to live to the woman. Don't get sex test done before delivery.
- **Right to property:** At present, both men and women have equal right to property under the constitution.
- **Right to equal pay:** Women also have the right to equal pay as men

Conclusion:

Women empowerment means - women being powerful. To awaken a sense of self-confidence in women. Through which he is able to take all his decisions on his own. To enable women in our India, the Prime Minister has released many schemes. By taking advantage of these schemes, she can become financially and socially strong. Women should be so empowered that they get respect both in the family and society and increase the pride of their family and country with their achievements.

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