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(57) Abstract :

The present invention relates to a method for a personalized drug dosing system that optimizes pharmacokinetic (PK) and pharmacodynamic (PD) responses based on an individual's CYP2D6 metabolizer status. Traditional fixed-dose regimens fail to account for interindividual variations in drug metabolism, leading to suboptimal efficacy or adverse effects. This invention stratifies patients into metabolizer groups (poor, intermediate, extensive, and ultrarapid) and adjusts drug dosing accordingly to achieve optimal therapeutic response while minimizing toxicity. The method involves genotyping, LC-MS-based plasma drug concentration analysis, and real-time PK/PD modeling using computational tools. Clinical validation demonstrates enhanced drug exposure, improved therapeutic outcomes, and reduced variability in response. The invention ensures dose individualization for drugs significantly influenced by CYP2D6 metabolism, such as antidepressants and cardiovascular agents. By integrating pharmacogenomics and therapeutic drug monitoring (TDM), this approach enhances treatment precision, safety, and effectiveness, paving the way for personalized medicine in clinical practice.

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